

your source for

healthy skin

The Complete Skin Care Centers are staffed by licensed nurses, aestheticians, therapists and highly trained skin care specialists who are dedicated to listening to your needs.

Since The Centers are under physician supervision, we are able to provide medical strength products and treatments that in addition to feeling good, actually repair and enhance your skin.

On the Eastern Shore, The Complete Skin Care is conveniently located at 30723 Ember Lane (1 mile east of Highway 98 on Highway 31 then two blocks north behind the Town Hall Complex).

In Mobile, our Spring Hill location is located at 3604 Old Shell Road, at Old Shell and I65.

With late afternoon, evening, and weekend hours at two locations, we're here to work around your schedule. For added convenience, we offer direct product ordering through our online store or our toll free number.

Jeanne & Dirk Sanborn, Owners

package specials and gift ideas

pamper package

Treat yourself to a relaxing, skin rejuvenating facial and a stress-relieving massage. \$150

deluxe pamper package

Includes a "You Complete Me" facial and a therapeutic massage. \$210

face to back treatment

A Diamond-Tone microdermabrasion treatment for the face and neck followed by an exfoliation and hydration treatment for the décolleté, shoulders, and upper back. \$150 - \$175

the perfect gift...

If you are looking for a special birthday, shower, anniversary, or holiday gift, let us put together the perfect package in your price range. \$25 and up gift certificates are always available.

The Complete Skin Care Center

featuring
SKIN REJUVENATION
ACNE & ROSACEA TREATMENTS
AIRBRUSH HEALTHY TANNING
WAXING SERVICES
MASSAGE THERAPY

Mobile - Spring Hill

3604 Old Shell Road
251.344-4049

Spanish Fort

30723 Ember Lane
251.625.2929

Tuesday—Friday

10:00AM—5:00PM

Saturday

10:00AM—1:00PM

extended hours by appointment

866.skin.inc

www.completeskincarecenter.com

featured skin and body treatments

Diamond Tone Microdermabrasion \$70
Microdermabrasion with our advanced crystal-free system is the most natural way to evenly and safely exfoliate your skin. A series of peels improves scarring, fine lines, moderate wrinkles, acne, and pigmentation problems. The treatment includes a therapeutic facial mask.

add-on areas: Chest, Back, Arms \$30

You Complete Me Facial \$135
Our signature facial treatment includes a European facial, Diamond Tone microdermabrasion, enzyme peel, de-stress eye treatment, and lip treatment.

European Facial \$80
A relaxing treatment with cleansing, exfoliation, warm steam mist, and conditioning masks.

Deep Pore Cleansing Facial \$90
A stimulating treatment the includes deep cleansing, moisturizing, steam, and extractions with customized mask.

Treatments for Acne and Problematic Skin \$70
Our medical strength treatments provide a safe and highly effective alternative to prescription medication. Customized programs are available for teens and adults.

Facial Acne Clearing Treatment \$70 – 85
Back Acne Treatment \$80 – 85
Steam and Extraction \$60

Spa Manicures \$20
So much more than basic, our manicure include a special vitamin treatment, finishing lotion and oil for your hands. Our manicure will give your hands a more youthful look that is hydrated, replenished and protected.

Spa Pedicures \$40
Relax while your feet are given a warm bubble bath. Our pedicure includes nail trimming and shaping, smoothing calluses, a specially formulated mask, hot towels, a calf and foot massage completed by a professional polish.

Waxing Services
Waxing is a simple procedure that weakens the hair root and slows the growth pattern. We offer all types of waxing, from eyebrow and lip to full Brazilian bikini waxing. \$10 - 85

Be sure to ask about our **Epilfree Post-waxing Treatment**. This treatment substantially reduces or eliminates unwanted hair permanently.

PACKAGE SPECIAL

Pre-pay for five of the same treatments and the sixth one is free. Available for all treatments.

You've seen it on TV, now see it in person!

bareMinerals is now available in Mobile exclusively at The Complete Skin Care Center!

Face Kits	Tutorial Kits
Foundations	Mineral Veil
Blush	Eyeshadow
Multi-tasking	All-over Face Color
Glimpse	Glimmer
Lipstick	Buxom Lip Polish
Brushes	mdFormulations
rareMinerals	more!

Make-up Session and Skin Analysis \$80
Have your skin analyzed and perfectly matched, get tips on make-up application, and receive a \$60 credit toward your make-up purchases!

Therapeutic Massage
Guaranteed stress relief in a relaxing setting by a licensed therapist.

90 minutes	\$115
55 minutes	\$ 80
30 minutes	\$ 55

Prenatal Massage Therapy \$80
Highly recommended for improving circulation and reducing stress during the last two trimesters.

Sport Massage Therapy \$80
Focused treatment for athletes of all ages.

Warm Stone Massage Therapy \$90
Pure relaxation.

Airbrush Healthy Tanning \$25
Feeling a little pale? Get a smooth, even, natural-looking tan in just minutes without the harmful effects of the sun or tanning beds. Lasts 5 – 7 days. Only four hours wait time required showering or swimming.

Custom Peels for skin rejuvenation \$100
These two-layer targeted peels based on your skin's specific needs.

Salicylic Acid	Lactic Acid
Glycolic Acid	Arginine Resurfacing
Tequila Peel	AHA/Kojic
Jessners	TCA

physician services with Dr. Charles Runels

Botox

Botox Cosmetic™ relaxes the muscles by inhibiting the chemical that signals the muscle to contract. One ten minute treatment—a few tiny injections using a very small needle—and within days there's a noticeable improvement in moderate to severe frown lines between the brows, which can last up to four months.

Juvéderm

Augmenting the lips can do amazing things to change the look and the youthfulness of someone's face. Fillers can be used almost like a paint brush to add lip volume where there was no lip before augmentation. To accomplish this, Dr. Runels generally uses Juvéderm Ultra Plus. It's flexible, soft, smooth, and a deeper agent that works well to add volume to the lip.

Lipolite

With laser assisted liposuction, small pockets of fat can be liquefied with a very tiny laser and then suctioned out with a very small cannula. The net effect is that the procedure is much safer and small areas can be treated (areas that were impossible to treat with traditional, mechanical liposuction).

This new technology allows Dr. Runels to treat the person who will most benefit from liposuction—those with weight under control, but with areas resistant to weight loss. Lipolite is much lower in cost, presents much less risk, and creates with much less pain (most are back to work either the next day or the day after) than traditional liposuction.

VelaShape

VelaShape™ is the only FDA cleared device that effectively and safely contours, shapes and slims the body by reducing cellulite and firming problem areas in as little as four treatments! Most patients see gradual and cumulative results throughout the treatment regime. You can look forward to gradual smoothing of skin's surface with a noticeable reduction in cellulite, as well as circumferential reduction, with noticeable reshaping of the treated area.

